



DAILY SCHEDULE





DAY 1

FRIDAY, 21 JUNE



TIME SCHEDULE

RACE CAMP ACTIVITY

13.00 – 14.30

SKI TRAINING GROUP 1 & 2

15.00 – 16.30

SKI TRAINING GROUP 3 & 4

DAY 2

SATURDAY, 22 JUNE

GROUP 1



TIME SCHEDULE

RACE CAMP ACTIVITY

10.00 – 11.30

SKI TRAINING

12.00 – 13.30

TRAMPOLINE

13.30 – 14.15

LUNCH

14.30 – 16.00

TIME FOR EQUIPMENT –
SKIPREP. SESSION FOR PARENTS

16.30 – 18.00

ICE CLIMBING

18.30

DINNER

19.00

TALK WITH LUCAS

DAY 2

SATURDAY, 22 JUNE

GROUP 2



TIME SCHEDULE

RACE CAMP ACTIVITY

10.00 – 11.30

SKI TRAINING

12.00 – 13.30

ICE CLIMBING

13.30 – 14.15

LUNCH

14.30 – 16.00

TRAMPOLINE SESSION

16.30 – 18.00

TIME FOR EQUIPMENT –
SKIPREP. SESSION FOR PARENTS

18.30

DINNER

19.00

TALK WITH LUCAS

DAY 2

SATURDAY, 22 JUNE

GROUP 3



TIME SCHEDULE

RACE CAMP ACTIVITY

10.00 – 11.30

TRAMPOLINE SESSION

12.00 – 13.30

SKI TRAINING

13.30 – 14.15

LUNCH

14.30 – 16.00

ICE CLIMBING

16.30 – 18.00

TIME FOR EQUIPMENT –
SKIPREP. SESSION FOR PARENTS

18.30

DINNER

19.00

TALK WITH LUCAS

DAY 2

SATURDAY, 22 JUNE

GROUP 4



TIME SCHEDULE

RACE CAMP ACTIVITY

10.00 – 11.30

ICE CLIMBING

12.00 – 13.30

SKI TRAINING

13.30 – 14.15

LUNCH

14.30 – 16.00

TIME FOR EQUIPMENT –
SKIPREP. SESSION FOR PARENTS

16.30 – 18.00

TRAMPOLINE

18.30

DINNER

19.00

TALK WITH LUCAS



DAY 3 SUNDAY, 23 JUNE



TIME SCHEDULE

RACE CAMP ACTIVITY

10.00 – 11.30

SKI TRAINING GROUP 3 & 4

12.00 – 13.30

SKI TRAINING GROUP 1 & 2

13.30 – 14.00

LUNCH

