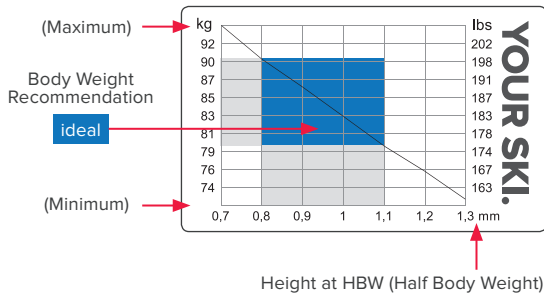


WEIGHT RECOMMENDATION NORDIC SKIS

On every Worldcup ski we make there is a sticker that shows the important technical information about that ski. This includes its ideal weight range, based on the ski's specific length and flex. There are two different stickers, one for Classic and one for Skate:

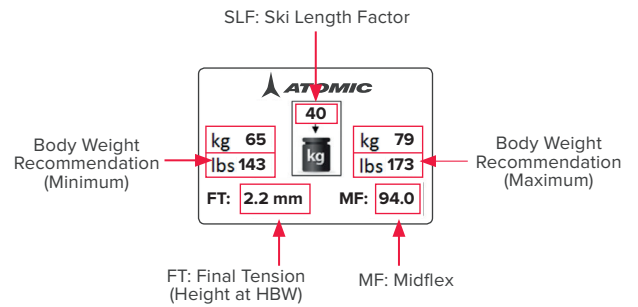
CLASSIC

This sticker includes a color coding for different conditions: cold (blue), universal (yellow) or warm (red). The sticker shown below is for a cold ski which is recommended for skiers between 72 – 94 kg, perfectly suitable for 80 – 90 kg.



SKATE

The sticker shown below is for a ski which is recommended for skiers between 65-79 kg, or 143-173 lbs.



RACE CLASSIC

	kg	lbs	kg	lbs	kg	lbs	kg	lbs	kg	lbs	kg	lbs
REDSTER CARBON CLASSIC	192 cm		197 cm		202 cm		207 cm		-	-	-	-
cold med	-	-	-	-	70-80	154-176	80-90	176-198	-	-	-	-
cold soft	45-60	99-132	50-60	110-132	60-70	132-154	70-80	154-176	-	-	-	-
universal hard	-	-	-	-	-	-	90-105(+)	198-231(+)	-	-	-	-
universal med	55-65	121-143	60-70	132-154	70-80	154-176	80-90	176-198	-	-	-	-
universal soft	45-60	99-132	50-60	110-132	60-70	132-154	70-80	154-176	-	-	-	-
plus med	50-65	110-143	65-80	143-176	75-90	165-198	-	-	-	-	-	-
plus CB med	-	-	50-65	110-143	65-80	143-176	75-90	165-198	-	-	-	-
REDSTER WORLDCUP CLASSIC	192 cm		197 cm		202 cm		207 cm		-	-	-	-
cold soft	45-60	99-132	50-65	110-143	60-70	132-154	70-80	154-176	-	-	-	-
cold med	-	-	-	-	70-80	154-176	80-90	176-198	-	-	-	-
universal med	55-65	121-143	60-70	132-154	70-80	154-176	80-90	176-198	-	-	-	-
universal hard	-	-	-	-	80-90	176-198	90-105(+)	198-231(+)	-	-	-	-
REDSTER MARATHON CLASSIC	192 cm		197 cm		202 cm		207 cm		-	-	-	-
med	50-60	110-132	55-65	121-143	70-80	154-176	75-90	165-198	-	-	-	-
hard	55-65	121-143	60-70	132-154	80-90	176-198	90-100(+)	198-220(+)	-	-	-	-
REDSTER SKINTEC	177 cm		184 cm		191 cm		198 cm		205 cm		-	-
med	35-50	77-110	40-55	88-121	45-60	99-132	60-75	132-165	70-85	154-187	-	-
hard	-	-	50-65	110-143	55-70	121-154	70-90	154-198	80-95(+)	176-209(+)	-	-
REDSTER CLASSIC	181 cm		188 cm		195 cm		202 cm		209 cm		-	-
	55-65	121-143	55-70	121-154	60-75	132-165	70-95	154-209	75-100(+)	165-220(+)	-	-

RACE SKATE

REDSTER WORLDCUP SKATE A1	173 cm		179 cm		185 cm		191 cm		-	-	-	-
compact hard	-	-	-	-	67-79	147-174	80-92	176-202	-	-	-	-
compact soft	40-50	88-110	45-55	99-121	55-66	121-145	65-79	143-174	-	-	-	-
REDSTER WORLDCUP SKATE A2	172 cm		178 cm		184 cm		190 cm		-	-	-	-
uni soft	40-50	88-110	45-55	99-121	55-66	121-145	65-79	143-174	-	-	-	-
uni hard	-	-	-	-	67-79	147-174	80-92	176-202	-	-	-	-
uni hard xstiff	-	-	-	-	-	-	90-120	198-264	-	-	-	-
plus CB soft	40-50	88-110	45-55	99-121	55-66	121-145	65-79	143-174	-	-	-	-
plus CB hard	-	-	-	-	67-79	147-174	80-92	176-202	-	-	-	-
REDSTER MARATHON SKATE	172 cm		178 cm		184 cm		190 cm		-	-	-	-
soft	40-55	88-121	50-65	110-143	55-70	121-154	65-80	143-176	-	-	-	-
hard	-	-	-	-	65-80	143-176	75-95(+)	165-209(+)	-	-	-	-
REDSTER SKATE	172 cm		178 cm		184 cm		190 cm		-	-	-	-
-	40-55	88-121	50-65	110-143	60-80	132-176	75-100(+)	165-220(+)	-	-	-	-

SPORT CLASSIC

	kg	lbs	kg	lbs	kg	lbs	kg	lbs	kg	lbs	kg	lbs
SPORT PRO SKINTEC	176 cm		184 cm		192 cm		200 cm		208 cm		-	-
-	55-65	121-143	55-70	121-154	60-75	132-165	70-95	154-209	75-100(+)	165-220(+)	-	-
xstiff									90-120(+)	198-264(+)	-	-
SPORT PRO SKINTEC L	176 cm		184 cm		192 cm		200 cm		208 cm		-	-
-	50-60	110-132	55-65	121-143	60-70	132-154	65-75	143-165	-	-	-	-
PRO SKINTEC	181 cm		188 cm		195 cm		202 cm		209		-	-
-	55-65	121-143	55-70	121-154	60-75	132-165	70-95	154-209	75-100(+)	165-220(+)	-	-
xstiff	-								90-120(+)	198-264(+)	-	-
SPORT CLASSIC	186		193		200		207		-		-	-
-	55-70	121-154	60-75	132-165	70-95	154-209	75-100(+)	165-220(+)	-	-	-	-
PRO CLASSIC	181		188		195		202		209		-	-
-	55-65	121-143	55-70	121-154	60-75	132-165	70-95	154-209	75-100(+)	165-220(+)	-	-
PRO CLASSIC L	181		188		195		-		-		-	-
-	50-60	110-132	55-65	121-143	60-70	132-154	-	-	-	-	-	-

SPORT SKATE

SPORT SKATE	172 cm		178 cm		184 cm		190 cm		-	-	-	-
-	40-55	88-121	50-65	110-143	60-80	132-176	75-100(+)	165-220(+)	-	-	-	-
PRO SKATE	172 cm		178 cm		184 cm		190 cm		-	-	-	-
-	40-55	88-121	50-65	110-143	60-80	132-176	75-100(+)	165-220(+)	-	-	-	-
PRO COMBI	172 cm		178 cm		184 cm		190 cm		-	-	-	-
-	40-55	88-121	50-65	110-143	60-80	132-176	75-100(+)	165-220(+)	-	-	-	-
PRO SKATE L	166 cm		172 cm		178 cm		184 cm		-	-	-	-
-	40-55	88-121	45-60	99-132	55-65	121-143	60-75	132-165	-	-	-	-

TOURING MID SIZE

MOTION SKINTEC	174 cm		184 cm		194 cm		204 cm		-	-	-	-
-	50-65	110-143	55-70	121-154	70-85	154-187	80-95	176-209	-	-	-	-
xstiff							95-110(+)	209-242(+)	-	-	-	-
MOTION SKINTEC W	174		184		194		-		-		-	-
-	50-65	110-143	55-70	121-154	70-85	154-187	-	-	-	-	-	-
MOTION 46 WAX	179 cm		186 cm		193 cm		200 cm		207 cm		-	-
-	55-65	121-143	55-70	121-154	60-75	132-165	70-95	154-209	75-100(+)	165-220(+)	-	-
MOTION 46 GRIP	179 cm		186 cm		193 cm		200 cm		207 cm		-	-
-	55-65	121-143	55-70	121-154	60-75	132-165	70-95	154-209	75-100(+)	165-220(+)	-	-
MOTION 52 WAX	177 cm		184 cm		191 cm		198 cm		205 cm		-	-
-	55-65	121-143	55-70	121-154	60-75	132-165	70-95	154-209	75-100(+)	165-220(+)	-	-
MOTION 52 GRIP	177 cm		184 cm		191 cm		198 cm		205 cm		-	-
-	55-65	121-143	55-70	121-154	60-75	132-165	70-95	154-209	75-100(+)	165-220(+)	-	-
MOTION 52 GRIP W	177 cm		184 cm		191 cm		198 cm		-		-	-
-	55-65	121-143	55-70	121-154	60-75	132-165	70-95	154-209	-	-	-	-

TOURING SHORT SIZE

MOTION XCRUISE 53 POSIGRIP	163 cm		173 cm		183 cm		193 cm		-	-	-	-
-	55-65	121-143	55-70	121-154	60-75	132-165	70-95	154-209	-	-	-	-
xstiff	-	-	-	-	80-95	176-209	90-100(+)	198-220(+)	-	-	-	-
MOTION XCRUISE 55 GRIP	163 cm		173 cm		183 cm		193 cm		-	-	-	-
-	55-70	121-154	60-75	132-165	70-95	154-209	75-100(+)	165-220(+)	-	-	-	-
MOTION XCRUISE 55 GRIP W	163 cm		173 cm		183 cm		-		-		-	-
-	40-55	88-121	50-65	110-143	60-75	132-165	-	-	-	-	-	-

JUNIOR CLASSIC

REDSTER WORLDCUP CLASSIC JR	145		155		165		175		185		-	-
soft	20-30	44-66	25-35	55-77	30-40	66-88	35-45	77-99	40-50	88-110	-	-
med	-	-	-	-	-	-	45-55	99-121	50-60	110-132	-	-
REDSTER SKINTEC JUNIOR	138		148		158		168		175		-	-
-	15-25	33-55	20-30	44-66	25-35	55-77	30-40	66-88	40-50	88-110	-	-
SPORT GRIP JR	90		100		110		120		130		140	
-	15-30	33-66	18-33	40-73	22-37	48-81	24-39	53-86	30-45	66-99	32-47	70-103
SPORT GRIP JR	150		160		170		-		-		-	-
-	34-49	75-108	36-51	79-112	38-53	84-117	-	-	-	-	-	-

JUNIOR SKATE

REDSTER WORLDCUP SKATE JR	137		144		151		158		165		172	
-	20-30	44-66	30-40	66-88	35-45	77-99	40-50	88-110	45-55	99-121	50-60	110-132
REDSTER SKATE JR	138		148		158		163		168		-	
-	20-30	44-66	30-40	66-88	40-50	88-110	45-55	99-121	50-60	110-132	-	-
REDSTER COMBI JR	138		148		158		163		168		-	
-	20-30	44-66	30-40	66-88	40-50	88-110	45-55	99-121	50-60	110-132	-	-